



NEWSLETTER

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#02 June 2022



CREATE FUTURE Erasmus+ Creating support models for participation in future work life



4 partners

FI – Live- Foundation
ES – amadip.esment fundación
UK – Inova Consultancy
PT – Cercina



3 Intellectual Outputs

IO1: Collaboration model of user-centred design processes
IO2: Pilot Training in “3” Coaching Models for trainers/coaches
IO3: Toolkit for diversity training for employers and support service staff.



Learning, teaching and training events

LTT 1: The role of the Support Services for a person’s education and possibilities for employment
LTT 2: Multidisciplinary cooperation to support diversity



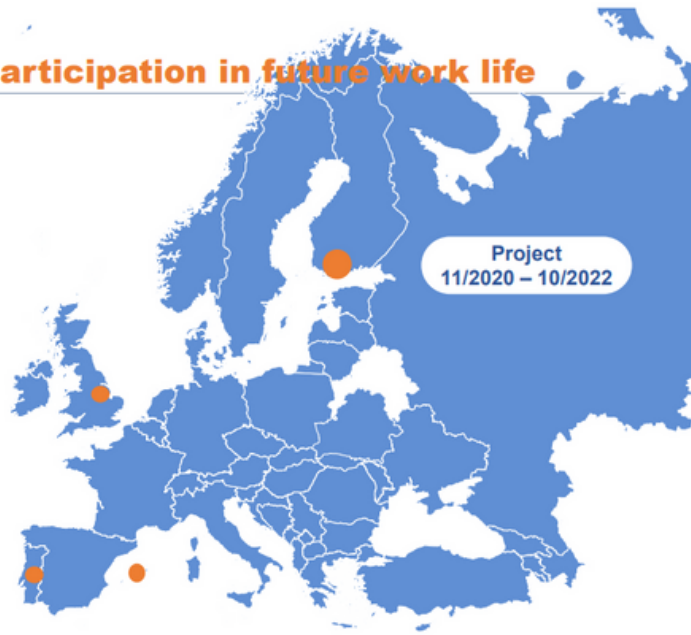
Multiplier events

FI May 2022
ES September/October 2022
UK September/October 2022

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Esment



THE CREATE FUTURE PILOT TRAINING

An Overview by Marina Larios INOVA CONSULTANCY

The main roots of the project lay within the aims and objectives of increasing access to education and employment training for individuals with disabilities, mental health issues, and disadvantaged population groups. The main desires existed around increasing inclusivity and accessibility for all. Create Future is a specific project which set out to increase inclusivity in education and employment training programmes by providing carers, coaches, and trainers with first-hand tools and methods to support their clients in need and improve the services available to them across Europe.

Three specific themes of content which the project revolved around were Think-Reflect-Act; Strengths-based coaching; neuro-linguistic models. These different sessions were reflected upon and evaluated by the participants, showing both how useful the participants found each session and how well each session worked in developing their specific skill sets. The training pilots were conducted within four different countries: the UK, Spain, Portugal and Finland. These pilots were aimed at developing soft skills related to supporting disadvantaged groups in education and employment training, providing coaches and carers with soft skillsets necessary to give support to the individuals they provide support and mentorship for. The participants of each pilot from the partner countries were able to reflect upon their experiences and how useful the sessions were in developing the supposed soft skillsets. It was found that generally the Create Future pilot provided some useful tools to develop participants' soft skills. Specifically, stress management, compassion to the self and others, and assertive communication skills were self-assessed as being the most improved upon in each pilot study.



LEARNING - TRAINING- TEACHING SESSION IN MALLORCA

All Create Future project partners finally met presencially in a LTT (Learning - Training - Teaching) session, held in Mallorca, Spain, from the 3rd to the 5th may.

Professionals from Esment Amandip (the host organisation), Live (Finland) and CERCINA (Portugal) participated in a intensive three day programme, with visits to some companies that employ people with intellectual disability. These Esment partners (namely, Camper and Hotel St. Régis Marriott) were invited to participate in the discussion of the Create Future's Diversity Toolkit for employers, job coaches and human resources professionals, which is being developed under this project, giving their improvement contributions.



KAISA BIBANI
JOB COACH, FINLAND

ABOUT "CREATE FUTURE" AS A MODEL FOR JOB COACHS: A TESTIMONY

I honestly didn't know what to expect when we first arrived to Esment. I was positively surprised by the genuine, welcoming atmosphere of the surrounding environment, not to mention the staff.

We were welcomed at every station by one of the former Esment clients who now worked for the facility. As for my point of view as a job coach, I have long waited to see a similar system used more broadly across the world.

Since indeed, action speaks louder than words; the former clients acted as an positive "leading by example"-model for the current clientel.

From a coaches view this is the setting we all need. Not only it sets positive example for the hole community but it motivates learning, promotes group cohesion and self determination. These are all important actors for anyone, not to mention people with disabilities. I was also deeply touched by the local companies that had committed to hiring Esment's clients.

But what maybe awed me the most was the way Esment had built an socially and ecologically sustainable system. Starting form an almost idependently, self-sustainable centre to the beautiful olivegardens. I was, and still am very inspired!

Keep up the good work.